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# Parenting Together Apart: For The Non-Residential Parent





For the Non-Residential Parent

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### Synopsis

If you are the nonresidential parent (the parent who does not have custody or the parent who does not spend the majority of time with your child), this book is for you. Designed specifically for the concerns of nonresidential parents, this thoughtful guide walks you through everything you need to know to successfully parent. Written by a former attorney and child law guardian, this book offers help and advice about:- making the most of your time with your child- creating and changing schedules- communicating clearly and calmly with the other parent- solving conflict when it arisescoping with long-distance parenting- making sure transitions between parents go smoothlyplanning for holidays and special occasions, including the times you don't have your child- what to do if your child does not want to spend time with you- understanding what your child is going through, with age by age breakdowns- getting through the dark moments- dealing with social mediamaking a change when the custody plan is not working- coping with a custodial parent who wants to control everything- solving the day to day problems that arise when you are co-parenting with your ex. Previously titled How to Parent with Your Ex, this new edition is updated and revised specifically for the nonresidential parent. Thoughtful advice and detailed suggestions allow you to move forward and create a reasonable relationship with your ex and a happy life with your child. Table of ContentsPREFACEINTRODUCTIONChapter 1 MOVING FORWARDChapter 2 UNDERSTANDING YOUR RELATIONSHIP WITH YOUR CHILDChapter 3 COMMUNICATIING WITH YOUR CHILDChapter 4 SETTING GUIDELINES FOR YOUR CHILDChapter 5 SETTING EXPECTATIONS FOR YOURSELFChapter 6 DEALING WITH THE OTHER PARENTChapter 7 COPING WITH YOUR PARENTING TIMEChapter 8 SCHEDULINGChapter 9 DEALING WITH HOLIDAYS AND CELEBRATIONSChapter 10 LONG-DISTANCE PARENTINGChapter 11 OTHER PEOPLE INVOLVED WITH VISITATIONChapter 12 DEALING WITH AGES AND STAGESChapter 13 SPECIAL SITUATIONSCONCLUSIONAppendix A SAMPLE PARENTING PLANSAppendix B BOOKS FOR PARENTS

#### **Book Information**

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#### Customer Reviews

This has lots of really good information for the parent who has visitation. The author seems to really understand what it is like to be in that situation and gives a lot of good tips for how to make the situation better and get the most out of it.

This is the guide I should have had when I got the divorce.

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